



Y A K I M A V A L L E Y

Coming of Age

With Aging Loved Ones

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The Memorial Foundation

6 FREE weekly seminars with vital information to help you care for yourself, your aging spouse, or parent.

Tuesday Evenings **March 19 – April 23**

6 pm – 7:30 pm

Location **Harman Center**

101 North 65th Avenue, Yakima
(65th & Summitview)

For more information **Call Sheila Brogdon:**

509-965-0105

YAKIMA VALLEY

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FREE weekly seminars with vital information to help you care for your aging spouse or parent.

March

19 Medicare and Long Term Care

The Medicare Maze: How Recent Changes May Effect You and Long Term Care: What It Is and What It Isn't -Stan Fortier

26 Diabetes

Diabetes: The Treatable Epidemic -Biju Kunhiraman, MD

April

2 Veterans Assistance and Medicaid

Veterans Aid and Attendance: Do You Qualify? -Mahala Murphy-Martin
Medicaid: What You Need to Know -Annie Vasquez

9 Senior Scams

Senior Scams: Protect Yourself and Others -Mandy Perrin & Jaime Gonzalez

16 Pharmacy and Chronic Disease

Pharmacy: What You Don't Know Can Hurt You -Linnea Reed
Managing Chronic Disease: There Is Help - Lori Gibbons

23 Wills and Trusts

Facing the Legal and Financial Realities of Aging -Marcus Fry



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